



Hyatt Zilara™ Unveils Newly Renovated Zen Spas in Cancun and Montego Bay

Adults-Only All-Inclusive Resorts Debut Enhanced Spa and Fitness Facilities Influenced by Local Culture and Modern Design

Fairfax, VA – July 20, 2018 – Playa Hotels & Resorts is elevating its health and wellness offerings for guests with two completely transformed Zen Spas at Hyatt Zilara™ Cancun in Mexico and Hyatt Zilara™ Rose Hall in Montego Bay, Jamaica. Known for embracing health, wellness and the culture of their destinations, the new Zen Spas incorporate influences from their respective Mayan and Jamaican traditions into the guest experience.

Hyatt Zilara Cancun Zen Spa

The brand-new Zen Spa at Hyatt Zilara Cancun draws its inspiration from the four cardinal directions – East, North, West and South – key elements of Mayan cosmology.

With 22,800-square-feet of relaxation, including 11 treatment rooms, four couples suites with jacuzzis, an outdoor terrace and lounge, beauty salon and robust hydrotherapy circuit, the spa is thoughtfully redesigned to provide guests with peace through the stimulation of the senses. The bi-level spa is adorned with Mayan-inspired art made with “barro negro” (black clay) and plush lounge chairs.

Guests can revel in an array of luxurious services, such as couples massages and signature treatments like the Mayan Massage with aromatic oil candles, Chicxulub Clay & Banana Leaves Body Treatment, or the Nine Leaves Divine Bath designed to cure what the Maya call the “desire to life the soul”. Nine healing herbs, honey, and acupressure are used to recover vital energy and heal the spirit.

Beyond its therapeutic services, the state-of-the-art spa’s new hydrotherapy circuit provides guests with a variety of sensory experiences. This self-guided journey begins at the sauna and is followed by a mist shower. From there, guests detoxify with an aromatic herbal steam and a body scrub with agave balm. Guests then cool their skin and increase circulation with the application of ice from the spa’s modern and beautifully designed “ice mountain.” The process concludes with alternating dips in the waters of the sensation pool with massaging cobra jets, hot tub and cold plunge.

Special workshops are also available to guests at **Alquimia**, a private, spa “test kitchen” where guests create personalized balms and moisturizers made with all-natural ingredients like coffee, honey, milk, oatmeal and more. For those eager to apply their custom creation, the spa offers an extended Alchemy Ritual that includes the workshop, plus a facial or massage.

Guests looking for more than rest and relaxation can head upstairs to the **Sky Gym**, a fully equipped fitness center boasting impressive views of the Nichupté Lagoon from its floor-to-ceiling windows. In addition to top-notch workout equipment, a Scot Pilates room, yoga, and pole dance lessons, the Sky Gym features an outdoor infinity lap pool, perfect to work up a sweat while admiring the sunset.

Hyatt Zilara Rose Hall Zen Spa

The Zen Spa at Hyatt Zilara Rose Hall is a tranquil oasis for guests. Inspired by nature, inhouse Playa Hotels & Resorts’ architects and designers redesigned the spa areas to provide a serene, contemporary environment with the use of natural materials and organic shapes to create a balanced atmosphere with nature.

Comprising of four beachfront treatment cabanas, each enclosed with air-conditioning, the Zen Spa at Hyatt Zilara Rose Hall offers a variety of treatments including rejuvenating body wraps, facials and massages from aromatherapy and reflexology to sports and deep tissue. For extra pampering, the spa offers additional beauty treatments such as manicures, pedicures and body waxing, plus hairdressing and makeup services with expert stylists.

Oceanfront, open-air couples massage cottages with views of the Caribbean Sea allow guests to feel the warm ocean breeze and hear the waves crashing while receiving specialty treatments. Inspired by natural Jamaican ingredients, bespoke services include the Blue Mountain Coffee Scrub, Ortanique Citrus Scrub, Moor Mud Masque and the Gentlemen's Skin Facial for a deep pore cleansing and anti-stress treatment.

The spa's sleek, clean, modern design features stone walls, vaulted teak wood ceilings and a hydrotherapy area overlooking breathtaking views of crystal clear waters of open ocean. The cleansing, coed water circuit features an oversized whirlpool, steam room and sauna, as well as indoor and outdoor relaxation areas, completing the luxurious spa dedicated to pampering guests with top-of-the-line service.

Guests also have access to a brand-new, full-service fitness facility. Spanning 6,620-square-feet across two floors, the 24-hour facility offers the latest cardio and strength training equipment from MATRIX, as well as a spin studio offering daily classes to satisfy any fitness fanatic. For additional guidance, a full-time, onsite trainer is available for private sessions.

For more information about Hyatt Zilara and its Zen Spas, or to make a reservation, please visit hyatt.com/brands/all-inclusive.

About Hyatt Zilara

Multi-award-winning Hyatt Zilara resorts offer an all-inclusive experience with endless opportunities for adults to live in the moment. Guests can revel in unexpected luxuries like innovative swim-up suites, an array of authentic dining venues and world-class spas. Stunning oceanfront settings, vibrant culture, live entertainment and so much more is always included at each Hyatt Zilara Resort. For more information on Hyatt Zilara all-inclusive resorts or to make a reservation, visit allinclusive.hyatt.com, call +1-800-760 0944 or contact a preferred travel agent. Join the conversation on [Facebook](#), [Twitter](#) and [Instagram](#), and tag photos with #HyattAllIn.

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