A HEALTHY LIFESTYLE

EAR CANDLING
Pamper your ears with the healing properties and warmth of a candle; enjoy a gentle and subtle ear massage while a candle consumes itself and cleanses your ears in this safe and relaxing treatment.
30 minutes

SUNBURN RELIEF WITH ALOE VERA
Experience immediate relief and healing with this restorative treatment where you will be wrapped in a fragrant cocoon of herbal-tea infused towels. Your therapist will proceed to apply a gentle and soothing aloe-based gel on the affected areas while you relax and unwind.
45 minutes

MARINE ALGAE BODY WRAP
Restore and tighten skin tissue while you revitalize your circulatory system with this specialty algae body wrap.
50 minutes

CHICXULUB MUD & BANANA LEAF MASSAGE
Restore minerals in your body and experience an earthly connection with this exfoliating massage where your therapist will gently apply a concentrate of clay extracts brought from the pristine Chicxulub crater of the Yucatan Peninsula.
50 minutes

CHOCOLATE DELIGHT MASSAGE
Rejuvenate and restore tissue with a soothing chocolate-based exfoliate followed by a fruit & mud body wrap. You will then be pampered with a delectable and relaxing chocolate-infused massage.
80 minutes

SOOTHING FOOT MASSAGE
Your feet will get the repair and relaxation they need after a day of play in the surf and turf with this relaxing foot massage done with soothing warm towels.
25 minutes

IT’S TIME TO RELAX

RELAXATION MASSAGE
Experience ease and absolute stress-relief with this light hands-on rub that will stimulate and invigorate your circulatory system.
25 minutes | 50 minutes | 80 minutes

SPORTS MASSAGE
A soothing post-workout massage that improves circulation where connective tissues and joints will be loosened.
50 minutes | 80 minutes

DEEP TISSUE MASSAGE
A stress relieving deep tissue massage that improves circulation and restores balance and inner connectivity.
50 minutes | 80 minutes

PICK-ME-UP TREATMENT
Upon your arrival to the spa, you will be received with a fresh towel and a soothing foot bath; you will then be pampered with a relaxing massage, a deep-cleanse facial, and will finish with a restorative spa manicure and pedicure.
3 hours

CLEANSING BLISS MASSAGE
An indulging and purifying massage of long and purging rubs that promote body cleansing and stimulate flow and circulation in the lymphatic system.
Repair and heal body tissue at a cellular level all while toning your abdominal nerves with this therapeutic treatment that includes multiple respiratory techniques & exercises.
50 minutes | 80 minutes

ANCIENT STONES
Experience a deep state of relaxation and inner connectivity with this warm river stone therapy.
50 minutes | 80 minutes

4 HANDS MASSAGE
Rejuvenate your skin, soul, and body through multiple massage techniques done by two expert spa therapists.
50 minutes | 80 minutes

REFLEXOLOGY
25 minutes | 50 minutes
HEALTHY & NATURAL TREATMENTS

HIBISCUS LEAF & SALT EXFOLIATION
Refresh and restore your skin with this unique exfoliating treatment of dried hibiscus leaves infused with fresh Mayan sea salts. 45 minutes

SEASONAL FRUIT & HONEY BODY MASK
Heal and nurture your body and soul with a fresh mask made of seasonal fruits & organic honey. 45 minutes

HERBAL INFUSED WRAP
A specialty wrap of combined herbs that promote circulation and relaxation. 50 minutes

HERBAL BODY COMPRESS
Experience profound muscular repair while herbs and essential oils release their healing properties and massage your skin. 50 minutes

HYDRATING BODY WRAP
This restorative treatment begins with a stimulating exfoliation followed by a honey & milk body wrap. A light cream will leave your skin fresh and renewed. 50 minutes

SHINE & REJUVENATE WITH OUR FACIAL TREATMENTS

DEEP CLEANSE
A standard treatment that will help your skin repair and breathe by removing impurities and unclogging skin pores. 45 minutes

SUNBURN FIRST AID
A first-aid treatment that will restore and help your skin heal after a day of play in the sun. 45 minutes

RADIANT “C” & SEA FACIAL
Restore and repair damaged skin with this specialty treatment, the ultimate antioxidant cleanse that will hydrate and boost skin elasticity. 50 minutes

PURIFYING PLANTOMER
Natural organic products will replenish and cleanse your skin. 50 minutes

ONLY FOR MEN

MEN’S FACE SAVER
Receive special treatment with an artful shave that's done with specialty warm towels. 1 hour

MEN’S FACIAL
This facial treatment, specially designed for men, replenishes and restores moisture balance. 50 minutes
IN-SUITE ROMANTIC TREATMENTS

ROMANTIC ESCAPE
A full-service body treatment that includes a chocolate body wrap, a platter of fresh fruit, a massage, and an aphrodisiac bath.
2 hours

ROYAL MOONLIGHT RELAXATION
Bring harmony to your senses while you enjoy the intimacy and sensory indulgence of being pampered as a couple with the Caribbean Sea as a backdrop and under the glow of the moon.
INCLUSIONS: Sensuous in-suite hydro-experience, romantic massage for two on the beach, and chocolate-dipped strawberries.
2 hours

MAYAN INSPIRED TREATMENTS

OUR MAYAN INSPIRED RITUALS ARE DESIGNED TO RESTORE INNER BALANCE AND EQUILIBRIUM

FEET RELAXATION – OOK PÁATS
A refreshing foot exfoliation followed by a relaxing foot massage.
25 minutes

TEMAZCAL
An ancient Mesoamerican steam bath that includes herbal treatments where you will re-discover the ancient and forgotten art of conversation. The temazcal ritual promotes countless health benefits in a preventative and corrective way.
2 Hours

FULL MOON CELEBRATION
After releasing toxins through a temazcal ritual, you will be taken to the beach for meditation under the glow of the moon.
1 ½ hours

NINE LEAVES BATH
A bath that was designed to treat what the Mayan’s call the "spiritual disease of the soul;" it includes nine remedial herbs, honey and prayers. Acupressure is used to revive internal energy.
45 minutes

MAYAN MASSAGE
A massage that combines multiple techniques: deep tissue, hot stones, relaxing & sports massage. The massage includes aromatic candles that will help relieve stress and tension.
50 minutes | 80 minutes